

# DALESRAIL WALKS PROGRAMME 2019

MAY 2019

## SUNDAY 19th May 2019

**B Walk Strenuous 12.5 miles** Alight Kirkby Stephen return Garsdale

Kirkby Stephen Station – Halfpenny House – Nateby – Thringill – Bells – High Pike Hill – High Seat – Gregory Chapel – Raven's Nest – Hell Gill Bridge – Green Bridge – How Beck Bridge – Shaw Paddock – Grisedale Crossing – Cock Lakes – Mud Becks – Garsdale Station.

**C Walk Moderately Strenuous 12 miles** Alight and return Ribblesdale

Ribblesdale – Gearstones – Cam End – Pennine Way – Gavel Gap – Newby Head Gate – Mossy Bottom – Blea Moor – Ribblesdale.

**D/E Walk Moderately Easy 9 miles** Alight Dent return Ribblesdale.

Dales Way – Whernside Manor – Craven Way – Little Dale – Ribblesdale.

**F Walk Easy 6 miles** Alight Ribblesdale return Horton in Ribblesdale.

Ribblesdale Nature Reserve – Colt Park – Selside – Sulber Nick.

## SUNDAY 26th May 2019

**B Walk strenuous 13 miles** Alight and return Appleby

**High Cup Nick** Appleby – Stank Lane – Stank Wood – Murton Beck – Brackenthwaite – Harbour Flatt – High Cupgill Beck – High Cupgill Head – Burnt Crag – Sweety Briggs – Murton – Shepherds Cottage – Well House Road – Appleby.

**C Walk Moderately Strenuous 11 miles** Alight and return Garsdale

Garsdale – Garsdale Low Moor – Cock Lakes – South Lunds Pasture – Turner Hill – High Shaw Paddock – Aisgill Moor Cottages – Hellgill Force – Hell Gill Bridge – Black Hill – Ure Head – Sails – Bubble Hill – High Dyke – Cobbles Plantation – Moorcock Inn – Garsdale Station.

**E Walk Moderately Easy 8 miles** Alight Horton in Ribblesdale return Settle

Brackenbottom – Dub Cote – Long Lane – Moor Head Lane – Stainforth – Langcliffe – Settle.

**G Walk Easy 2 miles** Alight and return Carlisle

Carlisle through the back door: Walk through urban wilderness alongside River Caldew to city centre and Tullie House Museum. Hear about the 1984 train crash, the 2005 floods and the great Bourbon Biscuit Crisis.