

DALESRAIL WALKS PROGRAMME 2019

AUGUST 2019

SUNDAY 4th AUGUST 2019

A Walk Strenuous 15 miles Alight and return Settle.

Settle – Ribble Way to Rathmell – Hesley Lane – Scoutber Crag – Whelp Stone Crag – Resting Stone – Langrigg – Lower Wham – Birchshaw Rocks – Cocket Moss – Close House – Giggleswick – Settle.

C Walk Moderately Strenuous 11 miles Alight and return Appleby

Appleby – Well House Road – Langton – Ellerholme – Thornybank Wood – Red Brow – Murton – Blue Hill – White Mines – Gasdale Head – Murton Pike – Murton – Shepherd's Cottage – Stank Lane – Appleby Station.

E Walk Moderately Easy 8 miles Alight and return Appleby

Appleby – Bandley Bridge – Big Clinch – Jerusalem – Colby – Limekiln Hill – Dowpits Wood – Appleby.

G Walk Easy Stroll 1 mile/1.5 hours Alight and return Carlisle

Carlisle curiosities: Well I never noticed that before! Stroll through the city centre spotting curiosities, ending up at Tullie House Museum (and café).

SUNDAY 11th AUGUST 2019

A Walk Very Strenuous 15 miles Alight and return Settle

Settle – Pennine Bridleway – Jubilee Cave – Gorbeck – Streets – High Trenhouse – Tarn Moss Nature Reserve – Malham Tarn House – Lings Plantation – Pennine Way – Malham Cove – Fair Sleets Gate – Nappa Cross – Stockdale – Attermire Cave – Settle.

C Walk Moderately Strenuous 12 miles Alight and return Horton in Ribblesdale

Pen y Ghent: Hull Pot – Foxup Moor – Plover Hill – Pen y Ghent – Long Lane – Helwith Bridge – Horton in Ribblesdale.

D/E Walk Moderately Easy 9 miles Alight Horton in Ribblesdale return Settle

Foredale – Swarth Moor – Higher Bark House – Feizor – Stackhouse – Settle.

G Walk A snail-pace stroll 2-3 miles/2-3 hours Alight and return Carlisle

The city that played football for a Scottish Queen. The City Messenger who drank strong ale. Tales of a tavern fit for a King, of Sir William Lowther's demise, of Miles Macinnes Morning and of the Muckle town bell. Your visitor of the week – James I.

SUNDAY 18th AUGUST 2019

MIDDLETON IN TEESDALE

B Walk Strenuous 13 miles Alight and return Kirkby Stephen

Hargill Bridge – White Pot – Long Crag – Cronkley Fell – White Well – Cronkley Scar summit – Birk Rigg – Whiteholme Bank – Holwick – River Tees to Middleton in Teesdale. **Coach to Hargill Bridge/from Middleton in Teesdale.**

D Walk Moderate 8 miles Alight and return Kirkby Stephen

Forest in Teesdale – Pennine Way – High Force – Low Force – Park End – Middle Crossthwaite – Middleton in Teesdale. **Coach to Forest in Teesdale/from Middleton in Teesdale.**

E Walk Easy 6 miles Alight and return Kirkby Stephen
Grassholme – Grassholme Reservoir Walk: Visitor Centre – Ellerbeck – Tees Railway Walk – Lonton – Middleton in Teesdale. **Coach to Grassholme/from Middleton in Teesdale.**

Alternative walk for those not wishing to use the coach:

D Walk Moderately Easy 9 miles Alight and return Appleby
Flakebridge Woods – Shepherds Cottage – Murton – Hilton – Brackenber – Langton.

SUNDAY 25th AUGUST 2019

B Walk Strenuous 15 miles Alight Hellifield return Settle
Hellifield – Hellifield Green – Hellifield Peel – Swinden – Halton Bridge – Halton West – Brook Lane – Low Scale – New Laithe – Todmanhaw Lane – Cow Bridge – Wigglesworth Hall Farm – Cattleside – Green Farm – Swainstead – Swainstead Raikes – Cocket Moss – Lumb – Close House – Giggleswick – Settle.

C Walk Moderately Strenuous 12 miles Alight Dent return Garsdale
Great Knoutberry Hill – Widdale Tarns – Sikes Pits Brae – Middle o' Moor End – Thwaite Bridge – Yore House – Moorcock Inn – Garsdale Station.

D Walk Moderate 10 miles Alight and return Kirkby Stephen
Kirkby Stephen – Stenkrith Bridge – Ewbank Scar – Ladthwaite – Fell House – Little Long Rigg – Fell Lane – Winton – Hartley Fold – Kirkby Stephen.

E Walk Easy 8 miles Alight Ribblesdale return Horton in Ribblesdale
Ribblesdale Nature Reserve – Colt Park – Selside – High Birkwith – Ribble Way – Horton in Ribblesdale.