

Turn right into Bridge Street

crossing the Eden and walk to the town centre, the market place and Boroughgate. This is the 'New Town' of Appleby. The heart of present day Appleby was planned as a 'new town' and built early in the 12th century following the Norman conquest of England in 1066. The new town is located in a loop of the River Eden and the Castle was built by the Normans on high ground overlooking the river, offering good views of the surrounding area. The main street, Boroughgate, links St. Lawrence's Church and the cloisters at one end with the Castle at the other. Crosses at either end of Boroughgate mark the former limits of the town's market. The Norman Castle was founded by Ranulf le Meschin at the beginning of the 12th century and the fine stone Keep that you see today was built around 1170. *(At the time of writing it is not possible to visit the castle or walk its grounds but this may change.)*

The church of St Lawrence

dates from the 12th century but a succession of wars has resulted in very little of the early Church surviving. The Church was extensively restored by Lady Anne Clifford in 1654. Leave the Church, walk through the Cloisters and up Boroughgate towards the Castle. The appearance of the town is generally Georgian and Victorian, but there are older buildings on Boroughgate, the most distinctive of which are the Moot Hall *(which dates back to the 17th century and now partly used as the Tourist Information Centre)* and the Hospital of St. Anne opened in 1653 which was endowed by Lady Anne Clifford for the maintenance of a mother, a reader and 12 sisters forever.

At the high cross by the Castle entrance

turn right and walk down Shaw's Wiend. Before doing so, make sure you read the inscription on the cross. You will pass Scattergate Green on your right, turn left down towards Jubilee Bridge and the River Eden. Cross the bridge and walk up towards Bongate. You will pass St. Michael's Church that contains a large tombstone in the form of a 'hogsback'. Very characteristic of Viking burials and suggests the Church dates prior to 1000AD forming part of the earliest settlement in Appleby. Walk down Bongate and take Garth Heads Road for an easier way back to the station or continue along The Sands and return to the town. You will have plenty of time to continue your exploration and take refreshment in one of the pubs and cafes. If you feel more adventurous try one of the self guide walks.

Further Information:

About Appleby

Appleby Tourist Information Centre

Tel: 017683 51177 or

e.mail: tic@applebytowncouncil.fsnet.co.uk

www.visitcumbria.com/pen/appbtic.htm

More local information can be found by going to: www.visitcumbria.com/pen/appleby.htm

For details of walks around Appleby and details of the Town Council the following links are very useful: www.applebytown.talktalkbusiness.net
www.applebytown.talktalkbusiness.net/outdoors/walks.htm

This has four downloads detailing local walks in and around Appleby including a footpath guide for walks around Appleby town centre

About DalesRail

www.dalesrail.com and www.northernrail.org

Tel: 01200 429832 for a copy of the DalesRail brochure



APPLEBY

places to visit



DalesRail Country



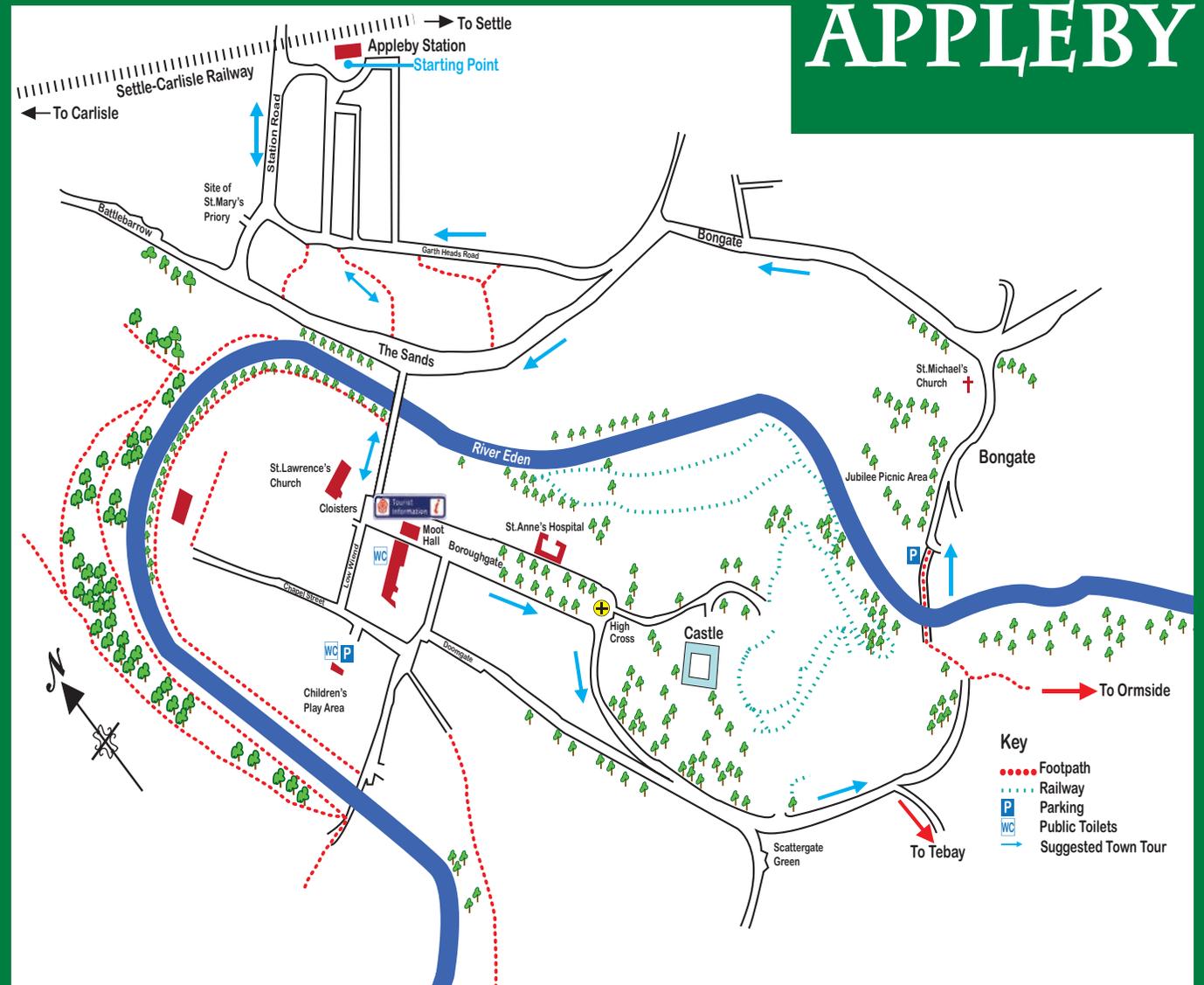
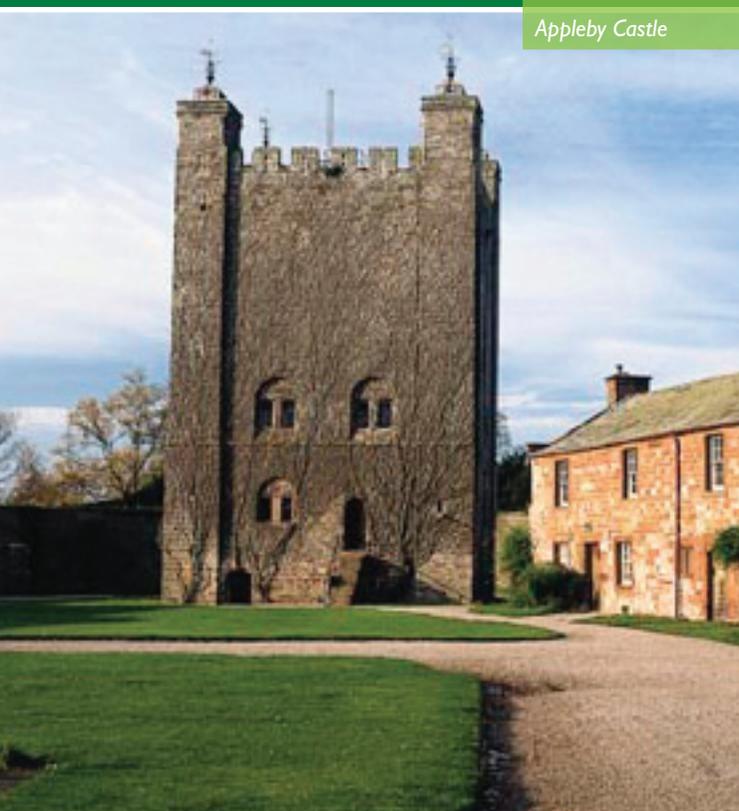
APPLEBY

Sundays in Appleby in Westmorland

Appleby is set in the heart of the Eden Valley and offers some excellent walking and cycling opportunities. The history of the town goes back a long way with some of the earliest settlements located in the area known today as Bongate.

This leaflet describes a short circular tour of the town pointing out places of interest and snippets of local history. This walk is about 2 miles long, is easy and will take between 1½ and 2 hours.

Appleby Castle



Our journey starts at Appleby Station which is typical of the stations built by the Midland Railway along the Settle Carlisle line and has been attractively restored. The station is located above the town on its eastern side.

On leaving turn right out of the station and walk down Station Road turning left into Garth Heads Road and then right to go down a footpath to The Sands and the River Eden. This area of the town grew rapidly following

the arrival of the Eden Valley Railway in 1862, now closed, and the Settle Carlisle railway in 1876.

The Sands comes to life during the annual Appleby Horse Fair which takes place in early June. Horses are brought down from Fair Hill (once Gallows Hill) to the Eden to be washed. The first Horse Fair took place in 1685 following the granting of a charter by King James II.