

This leaflet describes one of a diverse collection of twelve walks linking neighbouring stations along the Bentham Line between Heysham Port and Skipton.



Pennine Fells

Walk No.	Route	Miles
1	Heysham Port - Morecambe	5.3
2	Lancaster - Morecambe	3.8
3	Morecambe - Bare Lane	2.5
4	Bare Lane - Carnforth	5.6
5	Wennington - Carnforth	10.3
6	Wennington - Bentham	3.9
7	Clapham - Bentham	5.0
8	Clapham - Giggleswick	9.4
9	Giggleswick - Long Preston	5.6
10	Long Preston - Hellifield	3.8
11	Hellifield - Gargrave	7.0
12	Gargrave - Skipton	5.0

## Timetable

For train times on the Bentham Line pick up Northern Timetable 7 or the Airedale Metro Timetable, or use the websites below.

## Fares and Service Information

National Rail Enquiries:

telephone: 08457 48 49 50  
 textphone: 0845 60 50 600  
 website: nationalrail.co.uk

## Customer Helpline

Northern comments and enquiries

telephone: 0800 200 6060  
 contact: enquiries@northernrailway.co.uk

## Rail Websites

[leedslancastermorecambecrp.co.uk](http://leedslancastermorecambecrp.co.uk)



[lasrug.btck.co.uk](http://lasrug.btck.co.uk)

[northernrailway.co.uk](http://northernrailway.co.uk)



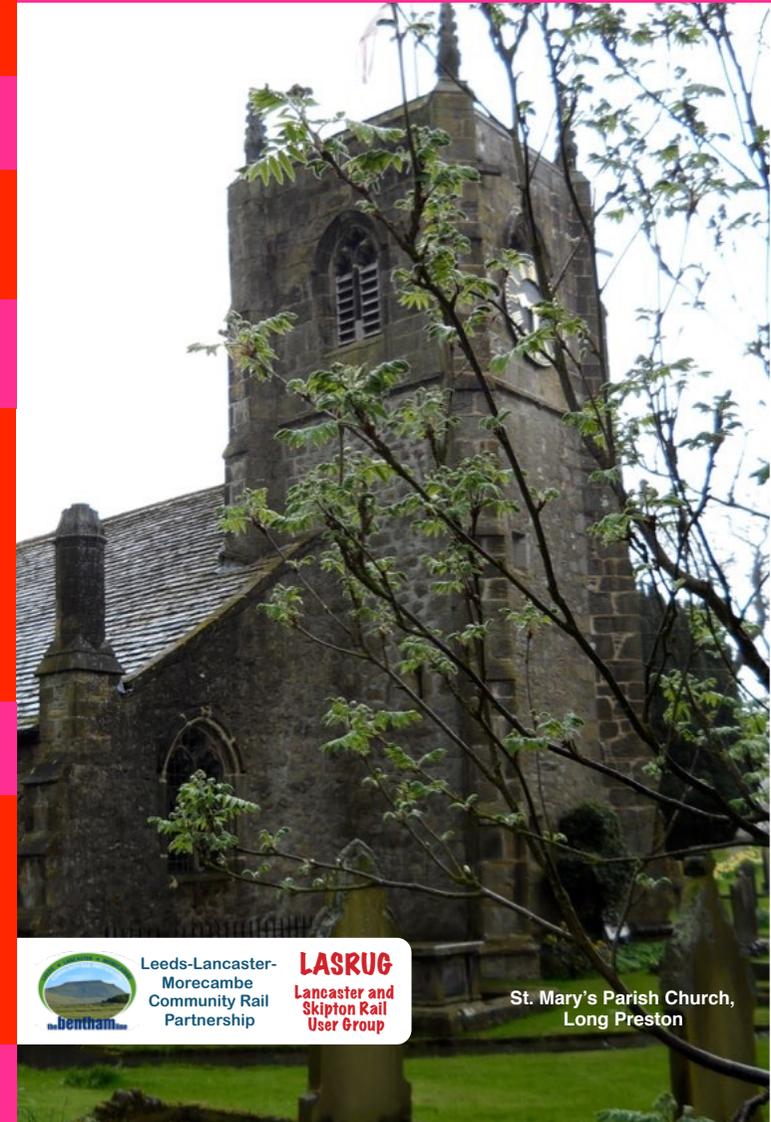
## Tourist Information

Leeds: [visitleeds.co.uk](http://visitleeds.co.uk)  
 Skipton: [skiptononline.co.uk](http://skiptononline.co.uk)  
 Bentham: [aboutbentham.org.uk](http://aboutbentham.org.uk)  
 Yorkshire Dales: [yorkshiredales.org.uk](http://yorkshiredales.org.uk)  
 Lune Valley, Lancaster and Morecambe:  
[citycoastcountryside.co.uk](http://citycoastcountryside.co.uk)

# Rail to Trail Walk Guide

## The Bentham Line

### Walk 10 - Long Preston to Hellifield



St. Mary's Parish Church, Long Preston



Leeds-Lancaster-Morecambe Community Rail Partnership



# Walk 10 - Long Preston to Hellifield

Lanes and fields

OS Explorer Map: OL 2

## A Short Hop, Skip and Jump

Easy

3.8 miles

### LONG PRESTON TO HELLIFIELD

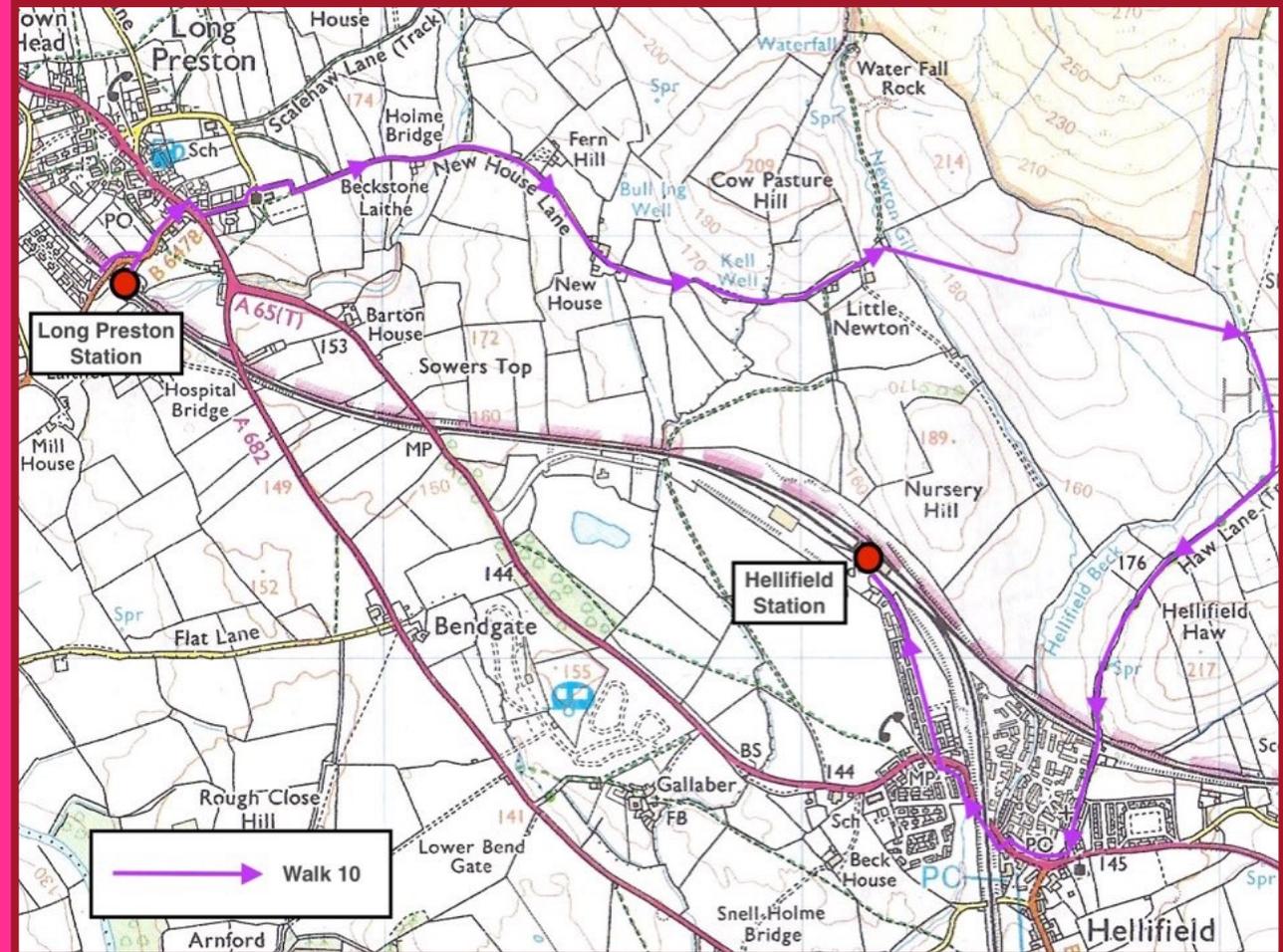
Time: 2 hours      Distance: 3.8 miles / 6.0 kilometres  
Total Ascent: 90 metres      Total Descent: 79 metres  
Walk Grade: Easy

Arriving from west, exit through station yard and turn right. Arriving from east go up ramp, turn left at road and cross rail bridge.

Continue to main road (A65) and cross with care. Turn right and then left onto Church Street and continue to St Mary's Church. At church gates, follow lane to left and then right, with church to right. Follow the lane, pass Beckstone Laithe (R), pass house (L) off corner when lane becomes rough. Pass Fern Hill Farm (L) and High Close Barn (R) and continue forward along grassy track. At three field gates ahead, go through left gate and follow grassy track towards farm.

Pass New House Farm (R) and follow track down and around sheep pens (R) and through the gate to turn right up the track that goes diagonally up the hill. At the top of the hill at the end of the track, the path can be seen going straight ahead, approximately parallel to a converging wall (far left), towards the junction of two walls ahead. As you near the converging wall on the left, bear right at the metal water trough on the rise and follow the path towards another wall junction ahead, but just out of sight. Keep wall close left. At wall junction cross step stile, cross the stream, turn right and follow the stream downstream, parallel to the wall, until it turns right at the end of the wall. Keep straight on off the end of the wall towards a field gate across the field, which leads into Haw Lane.

Turn right down Haw Lane track, cross the railway line, and join main road opposite St Aidan's Church. Turn right and follow main road through the village. Cross the pedestrian crossing near shops onto a wider pavement, and pass under rail bridge. At the sharp left hand bend in the main road, the road on the right goes to Hellifield station, and café.



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