

# Community Café



The Community Café is now open at Burscough Bridge station. Not just a café, the facility also offers people of all ages access to a broad range of community services.

The project is a joint venture between Burscough Moving Forward, Help Direct, Age Concern Lancashire, Burscough Parish Council, Central Advocacy, Lancashire County Council and West Lancashire Council for Voluntary Service and aims to bring services directly into the heart of Burscough.

If you are interested in using the café space for your local group, please contact Mandy Naylor on 01695 586504.

The café will initially open between 10am and 4pm Monday-Friday, although there are plans to extend the opening hours as soon as funds permit. Café services will be available between these times, but people will also be able to access the following during the week:

## Monday 2pm - 4pm Help Direct

Help Direct provides practical support, guidance and information to people of all ages on any topic, aiming to connect them with local services and find a way forward that works for them. Come in and talk to an advisor for free and confidential advice.

## The Community Café

is being run as a social enterprise, meaning that all profits are fed back into the business, enabling the café to offer a better range of services to meet the needs of local people. The group running the café are keen to get as much local involvement as possible, so if you would like to help shape the type of service offered by the venue, or just want to spend a couple of hours helping in the café, you can find out more about volunteering opportunities by contacting Jan at CVS on 01695 733737.

## at Burscough Bridge

### Tuesday 10am - 4pm

#### Age Concern Lancashire

Age Concern Lancashire offers an extensive range of services for local people over 50 years of age. Come along on Tuesdays to learn more, have a coffee and chat in the morning, have a meal with friends as part of the Lunch Club and find out about Lifelong Learning opportunities in the afternoon.

### Wednesday 1pm - 3pm

#### West Lancashire Council for Voluntary Service

CVS is the expert on volunteering opportunities across the area and can help you find a post that matches your skills exactly. Whether you want to get experience for a change in career, or want to make new friends, CVS can help. CVS can also help you if you're looking for volunteers for your own project, so why not pop in for a chat?

### Thursday 10am - 12noon

#### Help Direct - As for Monday

### 2pm - 4pm

#### Central Advocacy

Central Advocacy supports individuals and enables them to voice their opinions when dealing with Health and Adult Social Care Services. Advocates inform individuals about their options whilst respecting their right to control their own lives and make informed choices. Central Advocacy offers free, independent and confidential advice.