

## LANCASHIRE RAIL RAMBLERS - WHO ARE WE?

We are a diverse and friendly group of people who enjoy walking in the beautiful countryside of north west England. As our title suggests, we are particularly keen to use public transport to reach our destinations and we have been promoting this idea for over thirty years.

We are not a walking club as such, we don't have a membership fee and we are open to all. Our supporters obtain one of the walks programmes or find details of our activities on the internet, catch the relevant train and join us at the station where our walks start. One of our leaders will be there to meet the party. Some of our supporters are regulars, some are occasional and all who turn up are made to feel welcome.

Our activities and walks are co-ordinated by a group of walks leaders who are all members of the Ramblers Association. Our walks vary in length and difficulty to suit all needs and graded as below:

- A & B walks :-** **Strenuous** - walks may be rough, steep, lengthy or against the clock.  
**C walks :-** **Moderate** - no scrambling - suitable for experienced energetic walkers.  
**D walks :-** **Moderately easy** - a generally easy walk that may include steep climbs.  
**E walks :-** **Easy** - a slower pace than for moderately easy walks with short rest periods.  
**F, G, & H walks :-** **Easy stroll** - suitable for those not accustomed to walking in the countryside.

Should you have any doubts about your capabilities then avoid strenuous grade walks. For all walks you should have strong footwear, warm clothing and rainwear. On most walks stops are made for lunch or tea, so remember to bring your own food and drink with you.

If you enjoy walking in interesting places and want to discover more of our region without using your car the Rail Ramblers are the ideal way to do so. For further information visit [www.railramblers.com](http://www.railramblers.com) or send a sae to Craig Ward, 19 Hollowhead Avenue, Wilpshire, Blackburn BBI 9LD Tel. 01254 240526.

**We look forward to seeing you on one of our walks.**

## DALESRAIL 2010

If you would like to use public transport to get to the Yorkshire Dales, Eden Valley and the North Pennines and have a scenic ride, then why not use the DalesRail service which runs from Blackpool to Carlisle via Preston, Blackburn, the Ribble Valley and Settle to Carlisle Railway.

A full programme of guided walks is organised from the train. DalesRail runs on Sundays during the summer months starting from Easter. A brochure will be available in late March 2010. Pick up a brochure from manned stations, Clitheroe Interchange or tourist offices or visit [www.dalesrail.com](http://www.dalesrail.com).

\* **GMPTE** Wayfarer tickets must be purchased in advance from manned stations within the Manchester area, Bromley Cross, Chorley or Clitheroe Interchange. The tickets cost £10.00 for adults or £5.00 for over 60s and others are available for children and groups. The tickets are of the scratch card type and must be validated before travel with the date of travel.

Tickets can also be ordered by post from: Wayfarer Ticket Sales, **GMPTE**, Wythenshaw, Manchester M22 5RG. If ordering by post please send a cheque payable to **GMPTE**.

## FUTURE DESTINATIONS - 2010

- 17<sup>th</sup> April **MARPLE & GOYT VALLEY**  
15<sup>th</sup> May **TISSINGTON & WHITE PEAK**  
19<sup>th</sup> June **FURNESS & ITS ISLANDS**  
17<sup>th</sup> July **CHIPPING - PAST LANDSCAPES No.75**  
14<sup>th</sup> August **SKIPTON**  
18<sup>th</sup> September **CHORLEY & THE WEST PENNINE MOORS**  
23<sup>rd</sup> October **FOREST OF BOWLAND**

### NOTE RE. TRAIN TIMES:

The train times shown in this leaflet are based on the timetables current at the time of going to press. Please check our website for any changes consequent upon the timetable changes due in mid December.

## SATURDAY 2<sup>nd</sup> January 2010 - Hebden Bridge

C WALK - WARLEY MOOR 11 miles moderate

Alight and return Hebden Bridge.

Hebden Bridge - Chiserley - High Brown Knoll - Warley Moor Reservoir - Rocking Stone Flat - Midgley Moor - Hebden Bridge.

Leader: Chris Thornley

E WALK - HARDCASTLE CRAGS 7 miles easy

Alight and return Hebden Bridge

Hebden Bridge - Bus to Cock Hill (fare extra) - Halfpenny Hole Clough - Lane Head - Hardbut Clough - Walshaw - Hardcastle Crags - Gibson Mill - New Bridge - Hebden Bridge..

Leader: Craig Ward.

Map: Ordnance Survey Explorer OL21-South Pennines.

TRAVEL DETAILS:

The train to Hebden Bridge departs Blackpool North at 0829, Preston 0854, Bamber Bridge 0830 (change at Blackburn), Blackburn 0910, Accrington 0917, Burnley Mc/r. Road 0926. Those travelling from Manchester should catch the 0922 from Victoria. The walks will commence when both trains have arrived at Hebden Bridge.

Return from Hebden Bridge at 38 min past each hour to Blackpool and at 08, 28 and 56 mins. Past each hour to Manchester.

## SATURDAY 16<sup>th</sup> January 2010 - Windermere

C WALK - STAVELEY TO WINDERMERE 12 miles moderate.

Alight Staveley return Windermere.

Staveley - High Reston Farm - Hugill Hall - Kentmere Park - Garburn Pass - Garburn Road - Orrest Head - Windermere.

Leader John Barnes.

D WALK - FAR SAWREY 8 miles moderate

Windermere - Bowness Ferry (fare extra) - along the lake towards Bass How - Far Sawrey - Near Sawrey - Dub How Farm - Cunsey Beck - Cunsey Wood - Cunsey Bridge - along the lake to ferry - bus to Windermere.

Leader: Geoff Sherrocks.

Map: Ordnance Survey Explorer OL7-The English Lakes South Eastern Area.

TRAVEL DETAILS:

The train to Oxenholme departs Bolton at 0759, Chorley 0811, Preston 0824, Lancaster 0840. Change at Oxenholme for the 0914 to Windermere. Connections to Preston depart Blackpool North at 0744, Leyland 0808, Bamber Bridge 0749, Clitheroe 0702 (change at Blackburn), Blackburn 0735, Colne 0650.

Return from Windermere at 1459, 1602 or 1706.

## SATURDAY 30<sup>th</sup> January 2010 - Frodsham

C WALK - DELAMERE FOREST 11 miles moderate

Alight Helsby return Frodsham.

Helsby Hill - Alvanley Cliff - Sandstone Trail - Manley Common - Delamere Forest - Delamere Way - Snidley Moor Wood - Frodsham Edge - Frodsham.

Leader: Hilary Bell.

E WALK - FRODSHAM 6 miles easy

Alight and return Frodsham.

Frodsham - Overton Church - Woodhouse Hill - Snidley Moor - Shepherds Houses - Beacon Hill - Frodsham.

Leader: Stuart Leese.

Map: Ordnance Survey Explorer 267- Northwick & Delamere Forest.

TRAVEL DETAILS:

The train to Frodsham and Helsby departs Piccadilly at 0950, Warrington Bank Quay at 1026. Connections to Piccadilly depart Blackpool North 0744, Preston 0812 or 0823 or 0847, Chorley 0822 or 0836 or 0856, Clitheroe 0735 (change at Bolton), Blackburn 0803 or 0832 (change at Bolton), Colne 0650 (change at Blackburn and Bolton or come by bus). Wayfarers can be used on these trains as far as Warrington Bank Quay but they cannot be used on the direct Virgin services departing Lancaster 0857 or 0938, Preston 0917 or 0958, Wigan North Western 0928 or 1009 arriving Warrington Bank Quay 0939 or 1020.

Return from Frodsham at 1504 or 1602 which both go to Warrington and Piccadilly.

